

# The Inside Track

A Newsletter for Members of Porcupine Ski Runners

Fall Issue

October, 2003

## ENCLOSURES

Along with this issue of *The Inside Track* we have included:

1. Membership Application form
2. Return envelope
3. Trail map

## SUMMER ACTIVITIES

What's a summer without work at Porcupine Ski Runners? You might try asking someone who knows - but don't ask Stan Kaczmarek. Stan has been busy getting the trail lighting installation completed and it appears that he has been successful. We now have nearly 4 km of lighted trails compared with the 2.3 km that were in operation last season.

Other trail work that has been done won't be very visible once we have snow. That's because it involved improving the flow of ground water by installing more culverts and digging better ditches. Additional wood waste has been placed on some of the rough spots

The trail grooming equipment has been getting its share of attention as summer is a time to get it in prime

running order. We have made several more trail marker signs and the annual brush cutting on the trails got a number of able bodied workers out in the sun, rain or snow. The driveway has been widened to make it a little safer.

Once again we thank the numerous individuals who took charge of organizing these work sessions and those who contributed their time to help "get the job done."

## MEMBERSHIP

Membership rates are the same as last season. Please use the enclosed application form and return envelope and mail or bring them to us along with your payment. Insurance rates for members have increased considerably to \$5.50 per member over the age of 12 years. Because of this exemption for younger members we have now included a space on the application form to enter the age of children under 13 years. **Please complete the application form carefully and provide all the information requested.** Cross Country Canada requires us to submit this data for each member. The cost of insurance is included in the membership fee.

Please correct any errors in the personal information that is pre-printed on the individualized application forms.

Remember to renew your locker by November 30. We

November 30, 2003

**Mark the date on your calendar and plan to drop in at the Chalet.**

- ◆ OPEN HOUSE
- ◆ SKI SWAP SALE
- ◆ SKI WAXING SERVICE
- ◆ JACKRABBIT REGISTRATION
- ◆ MEMBERSHIP RENEWALS (OR NEW MEMBERS)

have many members waiting for unclaimed lockers rentals.

## TRAILS

As part of the description of the newly built Sprint Trails, the following is a quote from last October's issue of *The Inside Track*.

"For the older skiers they (Sprint Trails) will provide an alternate and different way to start on a ski outing. The sprint trails connect to the Green Trail at four different points and provide a variation for those who wish it."

That idea of "an alternate and different way to start on a ski outing" never really caught on last year but should get more action this season. The early snow and start of the ski season last year caught us scrambling to complete preparations - some of which didn't get done. This season the Sprint Trails will be better marked along with markers indicating the alternate way to start on a ski outing. Essentially it means using part of the Sprint Trails to get to the Red Trail at the point where the Red leaves the Green Trail.

In addition to the added trail markers, the trail map has been revised to include

## Locker Renewal

**Please renew locker rentals along with your membership application by:**

**November 30, 2003**

**If you do not plan to renew your rental, please let me know because we have a waiting list. Call Gerry: 264-9093 email: gmcnair@ntl.sympatico.ca**

the Sprint Trails and shows this alternate start. The map also shows another route which is not new but had not been previously marked. It is named BLUE EXT. It is worth noting that this revised map is based on a Global Positioning System (GPS) model. The data for the GPS model were collected a few years ago and translated into a map. The map included with this mailing is not a replica of that GPS map but it approximates the original and has direction markings and junction labels added.

**SKI SWAP**

The PSR Race Team will be holding a ski swap on Sunday, November 30, between 10:00 A.M. and 4 P.M., in the chalet. They will help price the items and supervise sales. For their effort they will keep 20% of all sales made.

Here's how to be a part of this event:

**If you wish to buy ski equipment at a bargain:**

Come to Porcupine Ski Runners Chalet **Sunday, Nov. 30** between the hours of **10 A.M. and 4 P.M.**

**If you have ski equipment to sell:**

1. Bring the equipment to the chalet **Saturday, Nov. 29** between **11 A.M. and 3 P.M.**
2. The equipment will be assigned a value and placed on display for sale.
3. If your item(s) are sold, 80% of the price will be returned to you and the racing team will keep the remaining 20%.
4. If you are unable to bring your used equipment to the chalet at the specified times, contact Mary-Anne Martin (264-7488) to arrange an alternate time or pickup.

We suggest that you check out your ski equipment and decide if it's time to part with some of it or go look for some that is better than what you have. Perhaps you can do both.

**SKI WAXING**

To prepare your skis for the season, the racing team will once again be offering to wax your skis for a \$15 fee. This includes:

1. base preparation, which is necessary to remove the nicks from last year's season and get your skis in optimal condition to apply the waxes for this year. The team members will bring their special tools.
2. scraping and applying glide or grip wax. The team will provide the waxes.

Your skis will be ready for the coming season. Everyone knows the value of good waxing, and the racers have great experience and success in this area. PSR is known for its expertise in waxing, and have won many a race due to this special skill (well trained by Lorne Luhta and Yvan Massicotte).

You, too, can benefit from this. If you want to call ahead, please contact Mary-Anne Martin (264-7488), and we will arrange to get your skis ready. These events, along with help from the Board of Directors, assist the Team with travel and race entry costs. Keep tuned to hear

Team results throughout the season. They have been very successful in the past, and are working hard to continue this great trend.

Hope to see you at the Ski Swap.

**JACKRABBIT PROGRAM**

The jackrabbit program is a national program run under the guidance of Cross Country Canada. Its aim is to teach children to ski in a fun and controlled

environment. The children are encouraged to better themselves and are rewarded for their progress with achievement badges.

The program is open to all members of the club between the ages six and twelve. Registration will be held at the chalet on Sunday, November 30 between 10:00 A.M. and 4:00 P.M. The registration fee may be increased from last year's \$25.00 per child. Cross Country Canada has raised their Jackrabbit registration fee by \$5.00 per child. We have to decide if we can absorb this increase or if it will be necessary to pass the increase on to individual Jackrabbits.

Sessions will be on Sundays and start in January. We are considering having the sessions continue after the school spring break. In previous years Jackrabbit sessions ended at that time but we may be able to extend the season if there is sufficient interest and assistance.

Each year we look to recruit new leaders and assistants. If any one is interested in helping out, please give us a call.

Suzanne Dupont (268-2843)

<b>2002-03 Executive</b>		
<u>Name</u>	<u>Position</u>	<u>Phone</u>
Dave Mader	President/Schools/Events	235-4026
Lorne Luhta	Vice-President/Coach	235-8048
Roy Baumgart	Secretary/Facilities	267-2759
John Hardy	Treasurer	268-4448
<b>Directors</b>		
Denis Brûlé	Facilities	268-5952
Rick Cecconi	Webmaster	
Greg Deyne	NOD Representative/Coach	235-3564
Stan Kaczmarek	Fund Raising/Events	267-3187
Germain Lauzier	Trails/Facilities	267-3830
John Londry	Director	268-1908
Yvan Massicotte	Trails/Coach	268-9102
Gerry McNair	Membership/Newsletter	264-9093
Noëlla McNair	Publicity	264-9093
Gerry Perreault	Equipment/Facilities	264-6939
Larry Stewart	Jackrabbits/Facilities	268-1062
Don Sutton	Events	235-2864

# Shine a Little Light on Me!

## Light Our Trails Campaign



### Construction Update - October 14th, 2003

Following the difficulties we had last year in only getting 2.3 kms of our 3.2 kms of trails lit up, we took on a new contractor in the summer to complete the work. With additional funding for the lighting project from the NOHFC (The Northern Ontario Heritage Fund) we decided to install lights on the very last part of the RED trail and in the parking lot. The latter will make travel to and from vehicles at night a lot safer.

At the time of writing, all the poles, fixtures and wiring have been installed. The only items remaining are the terminations for the underground wires, which should be completed in the next week or so.

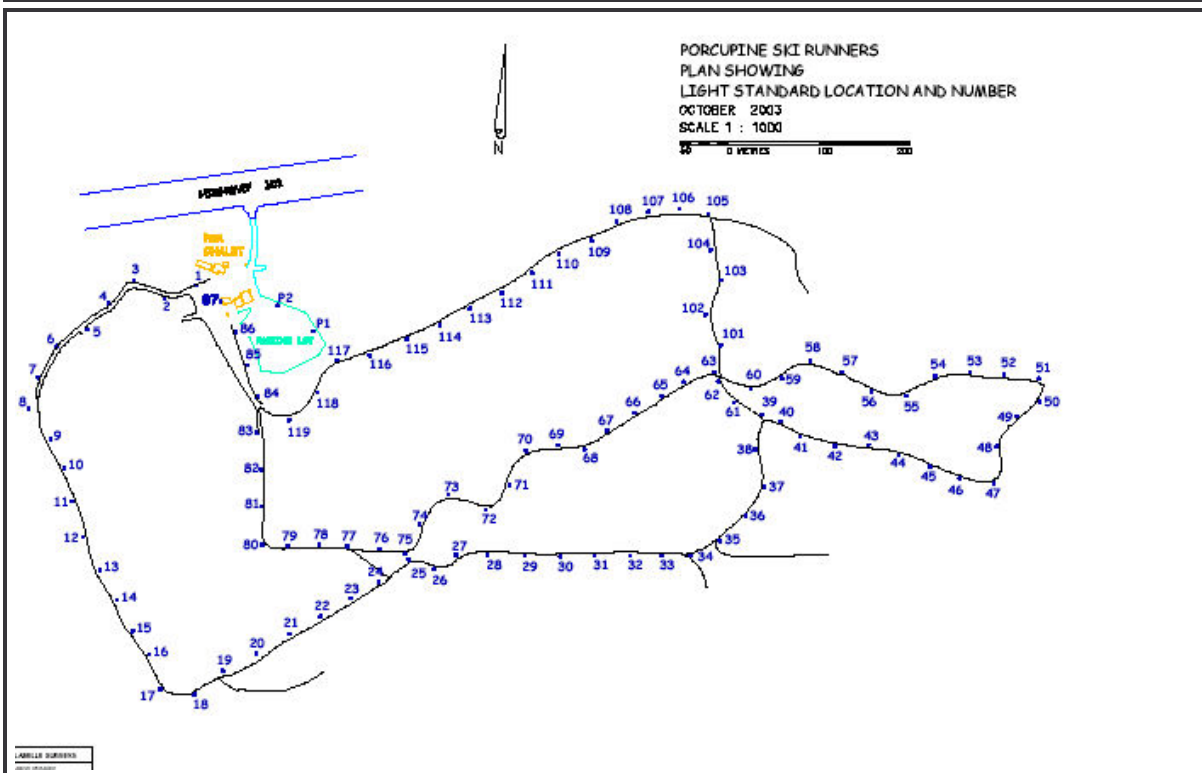
### It is still not too late to contribute to this very worthwhile community project.

- Each \$500 donation will have the contributor's name or affiliation engraved on a plaque mounted on the light standard of their choice. (See Details on Page 4).
- An alternative to sponsoring a light standard is the – "Light a Metre Campaign". Each pledge of \$45 will bring us one metre closer to our goal. Each individual, family, group, school or business, which purchases one metre, will have their names added to the Friends of the Porcupine Ski Runners Plaque in the Chalet.

As a recap I would like to refresh your memory as to: "Why do we want Lights?"

- Greatly improved accessibility for those working day time hours. They can now ski evenings as well as weekends.
- Club can offer skiing programs in the evenings.
- Safer nighttime skiing.
- Encourage greater participation in cross country skiing.

In collaboration with the 'Wintergreen Fund for Conservation', we are calling on all members of the community to help in this worthwhile project.



& Larry Stewart  
(268-1062)

Fundraising for this project is with the collaboration of the 'Wintergreen Fund for Conservation', whom we thank for their ongoing support.

**Please Note: The Wintergreen Fund for Conservation will not be issuing any more tax receipts after December 31<sup>st</sup> 2003, as they would like to wrap up this very successful campaign.**

If you wish to donate, please complete the form below:

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**PSR Lights Application Form**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Province: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

I would Like to purchase \_\_\_\_ light poles at \$500 each for a total of \$ \_\_\_\_\_  
 Please state preferred location of Pole (See table below & plan of pole locations on Page 3) # \_\_\_\_\_  
 Inscription to read: \_\_\_\_\_

Or/I would Like to purchase \_\_\_\_ metres of trail lighting at \$45 per metre for a total of \$ \_\_\_\_\_

Or/I would like to make a contribution to this project other than the above for \$ \_\_\_\_\_

A tax receipt will be issued to all contributions of \$10 or more.  
 Please make cheques payable to: **Wintergreen - PSR Trail Lights**  
 Mail to: **Wintergreen Fund For Conservation**  
           **100 Lakeshore Road**  
           **Timmins, Ontario P4N 8R5**

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**Light Pole Locations still available:**

18	25	35	41	42	43	44	49
51	52	53	54	55	56	57	58
59	60	66	67	76	84	85	
101	102	103	104	105	106	107	108
109	110	111	112	113	114	115	116
117	118	119	P1	P2			

**Note: The new light poles available; 101 to 119 are on the last part of the RED Trail and P1 and P2 are the two parking lot lights**